

## FAMILY HEALING, RESTORATION AND THE ORDERS OF LOVE

**FORMAT:** *Introductory talks about key principles; we will form small groups that represent different constellations for a select number of family or organizational cases that participants bring and use these cases to enact systemic patterns with opportunities for insight and healing*

Back by continued high demand, this powerfully transformative session will lift the veil on systemic patterns and ignite your own deep healing process as well. Ester's immersion in the study, research and application of mystical principles, in combination with her capacities as a therapist, have given her a unique ability to help people access, illuminate and integrate previously hidden and unrealized parts of themselves and their lives. Her deep connection and comprehension of what lies beneath perceived patterns, roles, and identity allows people to connect more fully to their life's true purpose and potential and to gain clarity into areas which may be blocking them.

This track explores the systematic principles operating within all human systems, whether family, teams or organizations. We will explore the invisible realms — the chords that guide so many of the visible symptoms we encounter.

### LEARN ABOUT:

- The basic elements of the family constellation and systemic principles
- The nature of the three survival mechanisms
- Patterns, hidden dynamics and entanglements

### PRACTICE:

- Acknowledging the world as it is
- How problems are solutions
- Adopting a phenomenological approach

**LEAVE WITH** a felt sense of healing, and a more expansive approach to your life

### PREREQUISITE:

*Participants are asked to bring a recurring dynamic or pattern from their personal or professional lives and a willingness to share intimate details of their personal history and to witness and participate in the enactment of the same in others.*



**ESTER MARTINEZ** is a Master Transformational Faculty member. She brings thirty-two years of experience as a psychotherapist, constellations expert and as a mystical student of Thomas Huebl. She serves as faculty for our CEO programs conducted with Egon Zehnder (Executive Breakthrough Program) and as a core practitioner in our executive retreat practice where she works with individual leaders. She has trained in multiple transformational disciplines that can be applied to organizational settings and leadership development including: Gestalt group work, Family Constellations with Bert Hellinger, Somatic body/mind work, and Craneosacral Therapy and Body Therapy based on Francois Mèziers method.

She has been pivotal in developing, assisting and promoting the innovative methods of Constellations work and the work of Mike Boxhall "Presence in Stillness" – a synthesis of cranial work, Jungian psychology and Dzogchen throughout Spain and South America. Ester is a pioneer in the integration of mystical principles with Constellations work as a means for deep personal and collective transformation. This innovation was a result of her work as a key member of non-dual teacher Thomas Huebl's core team. Thomas Huebl is an internationally renowned spiritual teacher with uncompromising clarity, radicality – offering an integrated practice in the marketplace. Ester holds a BA in International Relations and MA in Humanities and a Ph.D. in Philosophy and Ethics. She has studied/practiced Zen Meditation with Roshi Kiunan Ana Maria Schlüter for the last 32 years and is still actively practicing zazen and supporting global social projects of Zendo Betania in Spain.