

THE ART OF FACILITATING TRANSFORMATIONAL FIELDS

FORMAT: *Short presentations, many practical exercises with practice in dyads, triads and small groups. We will also use art, poetry and music.*

Facilitation literally means ‘making easier.’ As facilitators, our core role is to support the group, and the individuals within it, to move more easily through the topics they are meeting to consider and the issues that arise in doing so. This means that, in addition to paying attention to content, we need to practice deep and radical presence and cultivate both inner and outer awareness. We need to sense and engage with the energetic movement of the group, its coherence and fragmentation, and harness the catalysing power of shared intention.

This track is designed to help participants develop advanced facilitation skills, feeling ourselves as conductors of the group energy field, attuned to the subtle field that lives within each encounter. Robin will be weaving the teachings of Thomas Huebl, Otto Scharmer, Arny and Amy Mindell, Eileen Caddy, Clare Graves, Don Beck, Ken Wilber and others who have inspired him, into his unique approach to advanced facilitation – also sharing and delighting in the poetry of Mary Oliver, David Whyte, William Stafford, Ben Okri and others. The content will be built around the needs and experiences of the participants, balancing structure and emergence, as we create and embody the transformational field that is the subject of this track. For additional insight, you may wish to read Robin’s whitepaper [here](#).

LEARN ABOUT

- Mystical principles relating to energy, intention and movement
- Going beyond a systemic lens, to sense the group field.
- Noticing triggers and facilitator bias and working on oneself in the moment

EXPERIENCE

- Facilitation as a dialogue with the higher organizing principle of the group
- Inner and outer sensing to balance structure and emergence
- Presence to integrate the individual, ancestral and collective trauma embedded within the group field

LEAVE WITH

- Insights into the process of emergence
- A toolkit of practices to deepen your capacity to facilitate hot spots, conflict and emergence
- Greater understanding of how to build a healing and transformational group field

PREREQUISITE: *Some experience of facilitating groups. The track is ideal for team leaders, facilitators, coaches, and organizational development professionals looking to deepen their skills in facilitation and bring a trauma-informed and emergent perspective to their work.*



ROBIN ALFRED is a Mobius Transformational Faculty Member who worked as a trainer, educator and social work manager for 15 years in London, before moving to Scotland in 1995 where he founded the Findhorn Consultancy Service and then Open Circle Consulting. He has extensive experience of leading and developing groups and individuals across all sectors – corporate, public, and third sector. For more than 25 years, Robin has facilitated groups of all sizes, from 6 – 600, in all sectors. He was a registered facilitator for the UN Framework Convention on Climate Change and was part of the design and facilitation team for the 2013 UN Global Compact in New York.

Robin is trained in a wide variety of approaches to personal and organizational development including: Appreciative Inquiry, the Frameworks for Change Coaching Process, Process Work, Spiral Dynamics and Tools for Corporate Transformation. His facilitation work draws on these processes as well as Open Space, World Café and other innovative processes to maximize the group’s collective intelligence. He is a Senior Student of contemporary mystic, Thomas Huebl. His current fields of inquiry include Leading from the Future, Facilitating Transformational Fields and Trauma-informed Leadership as well as running an annual online training, “Emergent Leadership – a Training in Applied Mysticism”