

7th Annual Gathering

November 10-15, 2024 Cape Cod, Massachusetts





The Next Practice Institute (NPI) of Mobius Executive Leadership sponsors transformational training programs for our practitioners, partners, and clients.

These programs operate at the nexus of "best practice" in such areas as organizational development, culture change, adaptive leadership – and "next practice" in neuroscience, somatics, energy work, music, yoga, and other expressive and devotional arts.

Together we are creating a global community of practice devoted to the craft of transforming people into stronger leaders, building a more just and sustainable world, and restoring the cultural fabric.

Since 2016, we have conducted a weeklong professional development immersion where we come together to enrich ourselves as practitioners and deepen our community connection. This Annual Gathering brings together a global group of practitioners (including coaches, mediators, interventionists, and facilitators), business leaders, human resources and organizational development professionals, strategy and leadership advisory consultants.

We come together for renewal, learning, inspiration, and practice.

The Annual Gathering is supplemented throughout the year with workshops. If you would like to receive our monthly newsletter and announcements about special events, workshops, and emerging scholarship please email us: info@mobiusleadership.com.





PREVIOUS YEARS' NEXT PRACTICE INSTITUTE ANNUAL GATHERINGS





BOOKS BY NEXT PRACTICE INSTITUTE 2024 FACULTY









































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2024 ANNUAL GATHERING | IN-PERSON PROGRAM TRACKS

Participants can select from one of nine tracks for the week. There are a limited number of spaces for each track. To guarantee your selection, we encourage you to sign up early!







TRACK 1: Delighting in Complexity with Jennifer Garvey Berger & Zafer Achi

Have you been feeling like the complexity of the world around you is unsettling the world inside you? Like your tools and techniques and habits were perfect for what used to be, but not so effective at what seems to be the new normal? It turns out complexity requires new tools, skills, and capacities from us, and it also delivers more possibility for connection and creativity than you might have imagined. Come join us to learn how to use your entire being—your body, mind, and spirit—to face into complexity with something that feels more like joy than difficulty. We will help you understand and practice powerful new ways of making sense and taking action. Jennifer is a Mobius Senior Expert and global expert in the field of adult development and complexity thinking and is the best selling author of four books on leading in complexity. McKinsey & Company Director Emeritus, and Mobius Senior Expert, Zafer has over 30 years' experience with large-scale transformations. Together Jennifer and Zafer will help you cultivate advanced skills in complexity of mind and help you discover innovative solutions to the complex challenges you and your clients face.

TRACK 2: Leveraging Change: The Power of Systems Thinking in Action with David Peter Stroh

Learn how applied systems thinking enables leaders and agents of organizational change efforts to meet four challenges: motivating people to change, creating collaboration across diverse stakeholders, focusing limited resources on high-leverage interventions, and stimulating continuous learning. As a result of this highly experiential workshop, you will be able to: Understand why systems resist people's best intentions to improve performance; distinguish conventional from systems thinking; integrate the principles of systems thinking into a proven four-stage change process; learn basic tools of systems thinking; apply these tools to uncover the root causes of a chronic, complex change problem you are facing; and identify high-leverage interventions to address your problem. David is an internationally recognized leading expert in large scale systems change within organizations and beyond.

TRACK 3: Fierce Civility: Creating Cultures of Mutual Empowerment with Joe Weston

Extremes in polarization, volatility, confusion, anger and anxiety – both internal and external – require us to upgrade, refine, and add to our current skills in order to meet the challenges of our time. Joe will offer an experiential exploration into the "alchemy of the heart", based on skills and strategies he has developed and road-tested for 30 years. Through this process, people across the human spectrum, from those in industrialized nations to those focused on surviving in conflict zones, have found their grounding and a way through the confusion and animosity. These skills and strategies – laid out in his two books, Amazon #1 bestseller *Fierce Civility: Transforming our Global Culture from Polarization to Lasting Peace* (2023) and *Mastering Respectful Confrontation* (2012) —facilitate the creation of a field that melts and resolves resistance, opposition and fear in a way that ensures safety and trust, while activating one's creative power. This leads to personal transformation, healing, reconciliation, deepening of relationship, the de-escalation of conflict and the organic emergence of new solutions. Joe Weston is a Mobius Executive Coach and Transformational Faculty member.

Registration open: www.mobiusleadership.com/2024-npi-annual-gathering







TRACK 4: Transformational Coaching and Self-Coaching: The Art of Growing On Purpose with Yotam Schachter

We are wired for learning, growth, creativity, and kindness—but only when we feel safe. As coaches, we can invite that safety for clients by welcoming all of who they are, including their tenderest fears, wildest ambitions, and deepest contradictions. Over time, we hand back to them that work of hosting inner safety. In this track, you will learn the Conscious Becoming methodology, a simple and clear distillation of transformational coaching for self and others, which fosters the embodied wellbeing from which wisdom naturally emerges. First you will practice as the client to your inner coaching voice, enriching your presence and refining your craft. Then you will learn to teach clients to coach themselves along with you, expanding and accelerating the work you can do together.

TRACK 5: BRITE – Transforming the Way we Measure Team Effectiveness with Lani M. Van Dusen, Ph.D.

This track offers a Masterclass in the new team assessment from the Leadership Circle entitled Broad-based Roots Influencing Team Effectiveness (BRITE). Afterward, participants will be able to apply the tool with clients and use the insights to increase team alignment and performance. Developed from research with more than 26,000 teams around the world, BRITE brings together the most validated findings on teams (and discards a few myths), creating a new standard for how team coaches and facilitators can unleash the collective power of a team. It examines five critical elements of team effectiveness – measuring the underlying generative and disruptive factors within each that affect the flow of energy in a team. With over 30 years' experience in assessment, Lani is the Managing Director of Research and Assessment for Leadership Circle.

TRACK 6: Soma to Spirit: Coaching Leaders with Perspectives from Neuroscience with Dr. Srini Pillay

In this session, you will learn how to implement brain-based tools to help leaders achieve their greatest potential. Combining human behavior research with neuroscience-based guides and philosophical and spiritual contemplation in an entertaining format, the session is designed to help you incorporate the principles of neuroscience in your everyday coaching and conversations. With breakout sessions, group discussions, and video illustrations, coaches will be able to implement these techniques immediately. Areas that will be covered include: Leading Change, Building Resilience, Creating Agile Teams, Igniting Creativity, and Fostering Antifragility. Much of the material is also pertinent to self-discovery. Mobius Senior Expert Dr. Srini Pillay is a neuroscientist who directed the Outpatient Anxiety Disorders Program at McLean Hospital and was Assistant Professor of Psychiatry at Harvard Medical School.

2024 ANNUAL GATHERING | IN-PERSON PROGRAM TRACKS, CONTINUED

Unless otherwise explicitly indicated, learning tracks at the Annual Gathering typically do not offer certification nor fully prepare a practitioner to apply the relevant methodology in their client work without further instruction. These sessions are designed as foundational learning immersives in these pioneering practices.







TRACK 7: Family Healing, Restoration and the Orders of Love with Ester Martinez

Ester brings twenty years of experience as a psychotherapist, constellations expert and as a mystical student of Thomas Huebl. As a Senior Transformational Faculty member of Mobius, Ester serves as faculty for our CEO programs conducted with Egon Zehnder (Executive Breakthrough Program) and as a core practitioner in our executive retreat practice where she works with individual leaders. This track explores the systematic principles operating within all human systems, whether family, teams or organizations. We will explore the invisible realms — the chords that guide so many of the visible symptoms we encounter. This session will lift the veil and ignite your own deep healing process as well.

TRACK 8: The Embodied Man Emerging with Gary Joplin, Gregor Steinmaurer, & Markus Hirzig

In this track we will dive deeply into the question of what it means to be living in a male body at this time in human history. Drawing our attention to what has been and to what is now emerging, we will include and integrate the lives of our ancestors and the men who came before us. We will draw from their strengths and also understanding on a deeper level which patterns we may want to release. Our journey will therefore address the physical, mental, emotional as well as spiritual level in each of us. Addressing the beauty and pain of manhood, the pride and the shame, the power and the collapse, we will create a space together to redefine what it can mean to be a man in the world today, not only as lonely wolves but also as deeply collaborative beings. Led by Mobius Transformational Somatic Coach Gary, Mobius Transformational Faculty Gregor, and Markus, a healer and longtime student of Thomas Huebl.

TRACK 9: The Power of Being Internally Referenced with Dr. Paul Dunion & Andi Winter

We are taught to be externally referenced, identifying with the values and expectations of family, teachers, coaches, and bosses. This track uniquely depicts what it means to be internally referenced portrayed by self-intimacy. Self-awareness, self-trust, self-loyalty, and self-love will be considered as we move into the inquiry involving intimacy with the self. Participants will be given concrete tools for deepening self-intimacy as well as being introduced to what it means to live intimately. Special attention will be given to what it means to be an internally referenced leader. Our exploration will be conducted by short lectures, storytelling, small group discussion, ritual, journal writing and guided imagery. Senior Mobius Transformational Faculty members Dr. Paul Dunion and Andi Winter will lead this track.



"It is the only event I can think of where professionals across the leadership development space can engage in live skill development and deep process work at the same time."

– Executive coach and University of California, Business School Professor

"NPI offered a space in which I could push on my growth edges, for several days, with others who were also undertaking their own personal transformation. An unforgettable experience!"

– Partner at McKinsey & Company

"This is the one professional development activity of the year that I never want to miss. It's like being a kid in a candy store: the highest quality content delivered by the most insightful thought leaders, learning among generous and highly experienced practitioners, and supplemented by inspiring keynotes."

- Independent Organizational Consultant

"This is my third year attending NPI, and each one has been even better than the last. A most extraordinary blend of deep learning, inspiring talks, creative and enriching workshops — all with outstanding faculty among an amazing community of practitioners. I was blown away."

– Senior Executive Coach

"For me, it has been one of the most inspiring weeks in the last 20 years." - Senior Leadership Advisory Consultant

2024 ANNUAL GATHERING | VIRTUAL PROGRAM TRACKS

NPI ONLINE MOBIUS EXECUTIVE LEADERSHIP

If you cannot be with us in person, you can enroll for one of these five distinctive, remote, week-long tracks. Please note the time zone of each track.

Virtual participants will be able to watch the livestream or recording of our keynotes and our special Wednesday intensive with Thomas Huebl.

Also, we are delighted to extend a FREE three-month subscription to our Leadership Portal for all virtual participants only. The portal provides curated resources for transformational development including a series of learning journeys and our library of articles, podcasts, and videos in the domains of Personal Mastery & Self Leadership; Interpersonal Skills & Relational Intelligence; Team Effectiveness, Leadership & Organizational Change; and Societal Change. You can activate your three months' access after the November Gathering for up to one year.





ONLINE TRACK: Values and Consciousness as a Pathway to Purpose with Lisa Doig. AUS Timezone

Lisa is a pioneer in the field of values, linking personal and organizational transformation with levels of consciousness. In this track, Lisa will share a powerful Values and Purpose methodology of transformation. The work integrates the Barrett 7 Levels of Consciousness with adult stages of development. Through this frame, you will explore your top values and beliefs and how these relate to your current challenges and, ultimately, deeper life purpose. Particularly relevant for organizations as well as facilitators and coaches seeking to be more purpose-led and values-driven, this track offers a new perspective of how your values are always calling you to your greatest potential.

ONLINE TRACK: Leading from The Future with Robin Alfred. GMT Timezone

Given the complex and brittle times we live in, increasingly leaders must operate from a place of sensing, intuiting and responding rather than predicting, planning and controlling. In this track Robin Alfred will facilitate an exploration of the true nature of the Future, and a deep dive into 3 ways to orient towards that future: Imagination, Intuition, and Inspiration. We will learn how to access these qualities, alongside the power of shared Intention, in order to help clients catalyze a regenerative future. Mobius Transformational Faculty member Robin is a seasoned trainer, facilitator and organizational consultant who has extensive experience in facilitating personal discovery, depth work and collective group intelligence, enabling emergence and the manifestation of transformational fields.



2024 ANNUAL GATHERING | VIRTUAL PROGRAM TRACKS







ONLINE TRACK: Systemic Intelligence and Organizational Constellations with Paul Zonneveld & Mieke Jacobs. EST Timezone

In this track you will learn how seemingly small interventions lead to breakthroughs in complex, organizational challenges. Mobius Transformational Faculty members, Paul and Mieke have worked with organizations around the world for many years, researching the impact of systemic dynamics, on large organizations, leaders and top teams. In 2019 they published *Emergent: The Power of Systemic Intelligence to Navigate the Complexity of M&A*. This track will help you discern between the visible symptoms and the real underlying dynamics to identify the right intervention – the systemic acupuncture point – that will recreate flow in the team or organization.

ONLINE TRACK: TimeFraming[®]: How to Find Time for What Matters with Marty Boroson & Carmel Moore. GMT Timezone

An epidemic of busyness, false urgency, and "always on" culture threatens our wellbeing, leadership effectiveness, and organizational health. But conventional time *management* is no longer fit for purpose. TimeFraming[®] combines deep personal awareness with mindset and method to give you time *mastery*. It helps you to transform time from a limitation to an opportunity, and equips you to help your family, clients and teams to do the same. This track, led by Martin Boroson, Mobius Transformational Faculty member, and Carmel Moore, chartered accountant and former EY Tax Partner, will enable you to, finally, find time for what matters.

ONLINE TRACK: The Evolving Self: Integrating Emotional, Ethical, and Spiritual Dimensions of Vertical Development with Chris Wahl. EST Timezone

This track will delve into the intricate process of integrating one's identity as it evolves through the stages of development. Influenced by Loevinger's seminal work on ego development, and including Jungian archetypal patterns, we will examine the journey of identity, which is a dance of awareness between one's inner and outer life. Participants will work with prompts to self-reflect and coach each other throughout the workshop. Practicing how to develop our clients vertically has never been more important as leaders face tremendous complexity and other challenges in business and life, many of which invite them into later stage development. Founder of the Georgetown University Leadership Coaching Program, Chris Wahl has studied the topic of vertical development for over 20 years and is a certified scorer of the Maturity Assessment Profile.

KEYNOTE PRESENTATIONS

Supplementing the track learning, we host focus sessions from distinguished and emerging voices in the field of personal, organizational, and societal transformation. We welcome world-class thought leaders and pioneering voices in the field of transformational leadership to inspire us and advance our learning.



MONDAY AFTERNOON:

Professor Hitendra Wadhwa, Outer Chaos, Inner Harmony: A Model for Living and Leading in Today's World

We are living through a perfect storm. How do we learn, perform and thrive when the world as we know it is getting dismantled, the rules are ever-changing, and no one knows what the new order is going to be? Hitendra, a Mobius Senior Expert, will present a model for life and for leadership that he has developed and evolved over the last 17 years at Columbia Business School, and at the Mentora Institute, drawing from ancient wisdom, modern science, studies of moments of exemplary leadership, and experiments in the flow of life and work.

TUESDAY MORNING: Cecily Sommers, Lead Like a Futurist

Cecily Sommers is recognized as one of the Top 50 Female Futurists in the World by *Forbes*, and is the strategist that Google, Salesforce, Purina, and JP Morgan Chase choose when they want to turn an ambitious idea into a clear pathway to the future. Cecily is also a renowned speaker, the author of *Think Like a Futurist*, and a leadership coach who applies foresight principles and 'change literacy' to inner development, aligning what is emerging inside with what is emerging in the world.



TUESDAY AFTERNOON:

Dr. Richard Davidson, Dancing at the Intersection of Emotions, Neuroscience and Mindfulness

Dr. Davidson is the William James and Vilas Professor of Psychology and Psychiatry at the University of Wisconsin– Madison and the Founder and Director of the Center for Healthy Minds. He is best known for his groundbreaking work studying emotion and the brain. A friend and confidante of the Dalai Lama, he is a highly sought after expert and speaker, leading conversations on well-being on international stages such as the World Economic Forum, where he serves on the Global Council on Mental Health. *Time Magazine* named Davidson one of "The 100 Most Influential People in the World" in 2006. He was elected to the National Academy of Medicine in 2017.

Registration open: www.mobiusleadership.com/npi







WEDNESDAY MORNING:

Zander Grashow, Leading in the Age of Adaptability

Mobius Senior Expert Zander Grashow believes that adaptability is a core competence that everyone, everywhere should possess. He has dedicated his life to putting what works in everyone's hands so they can do more for what they care most about. Zander is a leadership practitioner and co-author of *The Practice of Adaptive Leadership* and *Leadership in a (Permanent) Crisis*. Known for his delivery of truth with grace, he has spent 30 years shaping the leadership and trajectory of organizations at their moments of transition and ambition. At the heart of Zander's work is the belief that the future depends on our ability to evolve the way we live and work – and that change can be made easier in a world that demands extraordinary levels of it from us.

WEDNESDAY AFTERNOON:

Erica Ariel Fox, JourneyWork®

Erica Ariel Fox is the New York Times Best Selling author of *Winning from Within: A Breakthrough Method for Leading, Living, and Lasting Change.* Erica taught negotiation and conflict resolution at Harvard Law School for more than 25 years. She now shares her latest thinking as a Senior Contributor to Forbes, as a member of the Top Voices group of global experts on LinkedIn, and as the Mobius Chief Thought Leader. Erica is a pioneer in bringing exploration of the inner life to leaders who shape the outer world. She has dedicated her life to restoring the sacred calling of leadership to people whose influence can guide the future toward wholeness. Erica is the Founder of RISE (Reach Inside; Serve Everywhere), an organization dedicated to enlisting C-Suite executives to resist fascism and protect democracy, as well as the Founding Wisdom Teacher at RISE Academy, a modern-day mystery school for CEOs and C-Suite executives who want to raise the level of consciousness from which they lead. Erica's forthcoming book will explain her latest process for facilitating leadership transformations: JourneyWork.

THURSDAY MORNING:

Owen Eastwood, Tapping into Our Ancient Code of Togetherness

Owen Eastwood is a coach and the author of the international best-seller *Belonging*. A New Zealander, Owen reached out to the Ngai Tahu as a young boy when his Maori father died. He wrote the tribe, "What do you know about who I am?" The answer, in short, was "You belong." Following a route that took him through the law schools of the universities of Otago and Auckland and a top London law firm, Owen now preaches *whakapapa* or the ancient code of togetherness to teams as diverse as Chelsea and Manchester City football clubs, England Football, Cricket South Africa, NATO's command group and the Royal Ballet.

KEYNOTE PRESENTATIONS, CONTINUED Registration for the 2024 Annual Gathering,: www.mobiusleadership.com/npi



THURSDAY AFTERNOON: Jenn Wynn, Healing Conversations

Jenn Wynn is Professor of Difficult Conversations at NYU Stern School of Business, where she specializes in organizational transformation, change leadership, and healing within mission-driven enterprises. She partners with individuals, teams, and organizations to live out their values and realize their full potential. Jenn is the former Director of Education at the Obama Foundation, where she led a team to design in-person and digital programs across the U.S. for community leadership and active citizenship. Prior to that she was a manager in McKinsey & Company's New York office, where she trained top executives globally as a founding team member of McKinsey Academy.



FRIDAY MORNING:

Alison Taylor, How Business Can do the Right Thing in a Turbulent World

Today's headlines are full of employee unrest over racial injustice, communities infuriated by corporate environmental impacts, staff anxiety over surveillance, and discoveries of child labor in supply chains. Simply maximizing shareholder value while not breaking the law is no longer an option, but we have never been so confused about what it means to do the right thing. Amid stakeholder demands and transparency pressures, we can no longer treat ethics as a legal and reputational defense mechanism. Leaders at Davos and the Business Roundtable have called for a new corporate responsibility paradigm, but how to implement their ideas remains an open question as organizations struggle in an atmosphere of heightened expectations and intense suspicion. How can CEOs cut through the noise to set robust environmental and social priorities? Alison Taylor is a clinical associate professor at NYU Stern School of Business, where she teaches sustainability and business ethics classes to undergraduate, MBA and executive MBA students.

ONE-ON-ONE PRACTITIONERS

Throughout the week of our 2024 Annual Gathering, our transformational faculty and healing practitioners will be available for one-on-one sessions. We are honored to have them with us, offering their gifts to this gathering.

Individual sessions are 60-120 minutes each at a cost of \$500 per session.

To register for a session please visit the Mobius Registration Desk at Ocean's Edge. Questions can be sent to <u>NPI@mobiusleadership.com</u>.

Please note that all of the One-on-One sessions occur outside of the scheduled program track times.



RYAN SEAMAN

Ryan Seaman combines astrology with body work involving deep tissue, acupressure, marma point, reiki, and thai yoga massage. His work clears the unconscious physical, emotional and psychic armament and helps clients renew connection to their Center.



DR. JANE ARZT AND SCOTT LIGERTWOOD

Dr. Jane Arzt and Scott Ligertwood masterfully combine the transformative healing arts of Network Spinal with Subtle Awareness Coaching and Presence Sensing Bodywork to create an extraordinary, fully embodied and sustainable transpersonal experience.



PHILIPPA HARVEY

Philippa helps you understand your personal story. She combines Traditional Chinese Medicine, Acupuncture, Bio-resonance, and Applied Psychology to enable you to be the unique energetic source of life that you are. When energy or Qi is sufficient and well-balanced we function at our personal best. She looks at the possible blockages you may be living with at the moment and using acupuncture she transforms emotional and physical tension in your body.



WEDNESDAY INTENSIVE with Thomas Huebl, Master Mobius Transformational Faculty

MYSTICAL PRINCIPLES OF TRANSFORMATION

A special group session with Thomas Huebl.

For the seventh year in a row, at the heart of our Annual Gathering, we will study the practices of consciousness development and the processes for healing individual, family, and collective trauma.

These quiet hours in the center of the week-long gathering offer a rare opportunity to study the mystical principles of transformation with non-dual teacher Thomas Huebl, who joins us each year for an immersion in his teaching.

Leading the group for a day of study, practice and healing, Thomas will offer his unique approach for living as a "mystic in the marketplace" – sharing his understanding of the mystical principles of embodiment, inter-generational restoration and personal evolution. We are truly delighted to offer this opportunity to practice with an advanced teacher who understands the challenges of modern life and grounds his work in psychology, philosophy, and meta-physical awareness.

Thomas Huebl is a rare guide: a masterful mystic able to navigate advanced realms of spiritual mastery while presenting himself in a delightfully warm, transparent, brotherly way. He is the best of modern enlightenment: deep thinking, clear-seeing, and radical in his stance.

When the past is fixed it creates destiny. When the past is free it creates possibility.

– THOMAS HUEBL

In 2020 he published his ground-breaking book *Healing Collective Trauma:* A *Process for Integrating our Intergenerational and Cultural Wounds*. This opus explores how significant collective trauma symptoms are in shaping our modern society and contains cutting-edge remedies that serve as a beacon of hope for generations to come.

In 2023 he brought us *Attuned: Practicing Interdependence to Heal Our Trauma – and Our World.* This profound offering shares his deep insights about core relational competencies we seek to develop as practitioners.

Thomas has been guiding many of our practitioners in the professional development of state-of-the-art healing practices and trauma-informed approaches to executive development. Through NPI, Thomas offers workshops, supervision groups/hyper-learning circles and study groups exploring mystical principles.

Thomas is blazing a path of 21st century spiritual practice and helping thousands of students around the world to really live their awakening amid today's busy world. His annual summit on Collective Trauma and his non-profit, Pocket Project, are leading beacons in the field.

Wednesday's session will focus on healing and the art of transformational facilitation.





POETRY BY ROGER HOUSDEN Tuesday Evening | 8:00pm

Risking Everything: Poems of Love and Revelation

Roger Housden is the author of more than twenty inspirational books on poetry, art, and travel. He uses the poem, the artwork or the journey as a gateway to explore existential and spiritual themes that are both personal and widely experienced by others. Housden is originally from England and started his writing career as a freelance journalist for *The Guardian* and for the BBC. He has lived in the San Francisco Bay Area for over twenty years.

> All the particles of the world Are in love and looking for lovers. Pieces of straw tremble In the presence of amber.

> > – RUMI







ROGER HOUSDEN

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Without a Religion







ten poems to change your life again & again



ROGER HOUSDEN

ROGER HOUSDEN



BALLET PERFORMANCE BY RACHEL COSSAR

Wednesday Evening | 8:00pm

An evening of music and dance with professional Boston Ballet dancers and live piano accompaniment. This evening is intended to close out a day of awareness building with a program that inspires warmth, presence and musicality personified. Dancers: Rachel Cossar and Patrick Yocum Pianist: Max Osbon

Rachel Cossar is a leader in the field of nonverbal communication and leadership presence facilitation. As a former nationally ranked athlete and professional ballet dancer, Rachel translates unique skills into relatable business skills and competencies. Rachel is Founder/CEO of Choreography for Business, a nonverbal communication consulting firm as well as Co-Founder/CEO of Virtual Sapiens, a machine learning solution to providing access to quality communication coaching at scale.

Patrick Yocum trained with Pittsburgh Ballet Theatre School before joining Boston Ballet's Trainee Program as its Sydney Leonard scholar. He joined Boston Ballet II in 2009. Rachel and Patrick will be accompanied on the piano by Rachel's husband, Max Osbon.







"Her voice is simultaneously sultry and sensitive, a healing force in words and sound. It is what distinguishes her from so many others..."

- LOVELL BEAULIEU, NEW ORLEANS TRIBUNE

"...a four-octave voice that ranges from a hushed whisper, to one that can bring down the house and take the roof off too..."

- KC Whitely, Vermont Woman

AN EVENING OF GOSPEL MUSIC WITH MICHAELA HARRISON Thursday Evening | 8:00pm

Michaela A. Harrison is a recently-returned Washington, D.C. native whose career is rooted in relaying the healing, transformational power of music through song. She has performed nationally and internationally as a soloist and with various bands and musical collectives. As a resident of New Orleans for over 17 years, Michaela established an enthusiastic following at local venues such as Café Istanbul, Second Vine Wine, Ashé Cultural Arts Center and Three Keys at the Ace Hotel. She is as comfortable with a full band, a choir or an orchestra as she is with in a duo, and works/has worked regularly with New Orleans favorites Joy Clark, Ian Villafana, and Alexey Marti, the late, great jazz guitarist Todd Duke, Dorise Blackmon and Tanya Huang (as Mother Tingue), and, when in Brazil, with guitar virtuoso Márcio Pereira, bassist Alexandre Vieira and drummer Ivan Torres (Os Brothers).



From A. A. Milne, published in 1926

"I'm scared," said Pooh. For a moment, there was silence.

"Would you like to talk about it?" asked Piglet, when Pooh didn't appear to be saying anything further.

"I'm just so scared," blurted out Pooh.

"So anxious. Because I don't feel like things are getting any better. If anything, I feel like they might be getting worse. People are angry, because they're so scared, and they're turning on one another, and there seems to be no clear plan out of here, and I worry about my friends and the people I love, and I wish SO much that I could give them all a hug, and oh, Piglet! I am so scared, and I cannot tell you how much I wish it wasn't so."

Piglet was thoughtful, as he looked out at the blue of the skies, peeping between the branches of the trees in the Hundred Acre Wood, and listened to his friend.

"I'm here," he said, simply. "I hear you, Pooh. And I'm here."

For a moment, Pooh was perplexed.

"But... aren't you going to tell me not to be so silly? That I should stop getting myself into a state and pull myself together? That it's hard for everyone right now?" "No," said Piglet, quite decisively. "No, I am very much not going to do any of those things."

"But..." said Pooh.

"I can't change the world right now," continued Piglet. "And I am not going to patronise you with platitudes about how everything will be okay, because I don't know that.

"What I can do, though, Pooh, is that I can make sure that you know that I am here. And that I will always be here, to listen; and to support you; and for you to know that you are heard.

"I can't make those Anxious Feelings go away, not really.

"But I can promise you that, all the time I have breath left in my body... you won't ever need to feel those Anxious Feelings alone."

And it was a strange thing, because even as Piglet said that, Pooh could feel some of those Anxious Feelings start to loosen their grip on him; could feel one or two of them start to slither away into the forest, cowed by his friend, who sat there stolidly next to him.

Pooh thought he had never been more grateful to have Piglet in his life.



ABOUT MOBIUS EXECUTIVE LEADERSHIP

Mobius Executive Leadership is a premier coaching, training and leadership development firm. We offer transformational learning programs to senior-level audiences and operate at the nexus of "best practice" in leadership, adult development, and organizational culture change and "next practice" in psychology, somatics, expressive arts, and transformational healing.

We build high performance cultures by enabling meaningful, personal breakthroughs in tandem with a process of corporate renewal and organizational evolution. We help prepare executives and top teams to lead adaptively in a world that is increasingly complex, fast changing and meaningfully ambiguous.

Since 2004, Mobius has developed an international reputation – bringing "consciousness offerings" to the business and public sectors, and providing innovative, deep, immersive leadership journeys to an ever more receptive business context. In 2013, we published the New York Times bestselling book *Winning from Within: A Breakthrough Method for Leading, Living and Lasting Change* by Mobius Chief Thought Leader Erica Ariel Fox, on which many of our client programs are now based.

Our immersive programs increase the centeredness, embodiment and intuitive sensing capacities of the leaders we work with. We introduce methods for engaging the distributive intelligence in their organizational systems. Ultimately, these programs help mature root perspectives and increase cognitive and emotional adaptability – equipping participants to lead large-scale change thereafter.

In January 2016 we launched our learning consortium, the Next Practice Institute (NPI) for coaches, facilitators and executives leading transformation. In 2017 we pioneered the Customized Leadership Immersion, a private retreat tailored for an individual executive. More recently we have established hyper learning circles for supervision of our client work to build a global community of practice. During COVID, we conducted *Mobius Cares* a six month free webinar series to provide expertise to manage the pandemic.

In 2021 we launched Mobius Touch, our e-learning platform for on-line learning. In 2024 our CEO Amy Elizabeth Fox will co-lead a year-long intensive training with Mobius Master Transformational Faculty member Thomas Huebl, the Trauma-Informed Consulting and Coaching Certification Program.

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Land I by Mobius Featured Artist, Jim McManus



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www.mobiusleadership.com/npi

All paintings in this brochure are by Jim McManus, Mobius Transformational Faculty Member and Featured Artist.