



MOBIUS
TOUCH

This brochure announces the launch of our new two-hour seminar series in which Mobius faculty offer a rich tapestry of programs that can be conducted for any size group, in flexible sequence, as a standalone training experience or assembled into an entire leadership journey.

We believe these seminars, led by the seminal thought leaders and expert practitioners we have assembled over the last fifteen years, operate as we always have at the nexus of "best practice" and "next practice".

We've selected these specific seminars in anticipation of the most pressing development needs during the crisis such as working with uncertainty, dealing with strong emotions, and ensuring team alignment and focus. These programs, highly experiential in nature, offer cutting edge resources for building the adaptive agility of your organization.



LEADERSHIP DEVELOPMENT



BEYOND RESILIENCE: HOW BRAIN SCIENCE CAN HELP LEADERS BUILD ANTI-FRAGILE ORGANIZATIONS THAT THRIVE IN DISORDER

SRINI PILLAY, MOBIUS SENIOR EXPERT

In this webinar, Dr. Srin Pillay, Harvard-Trained psychiatrist, brain scientist and leadership development consultant will guide participants through a framework that they can implement to help leaders thrive in disorder. Based on the concept of antifragility, Dr. Pillay will connect mindset practices with business cases to illustrate how the brain's complex mechanisms can be harnessed to build organizations that can not only survive, but thrive in the past pandemic era.

SRINI PILLAY, Mobius Senior Expert, is the CEO of NeuroBusiness Group: An executive coaching company focusing on enhancing social intelligence in companies. His recent writings include: *Your Brain and Business*, and *Tinker, Dabble, Doodle, Try: Unlock the Power of the Unfocused Mind*. Dr. Pillay Assistant Clinical Professor of Psychiatry at Harvard Medical School.



NEGOTIATION ESSENTIALS

GILLIEN TODD, MOBIUS SENIOR CONSULTANT

This seminar helps participants to acquire a systematic negotiation strategy and learn key tactics for meeting your interests in a wide range of business transactions. These proven methods, from the Program on Negotiation at Harvard Law School will build negotiation confidence and enhance your business relationships while improving your substantive outcomes. By the end of this course you will be more prepared to optimize outcomes of negotiations, both internal and external, formal and informal. This seminar also ensures your team has a unified method for approaching negotiation preparation and process.

GILLIEN TODD, Mobius Senior Consultant, is a Lecturer at Harvard Law School, where she has taught the Negotiation Workshop since 2001, and at the Harvard Graduate School of Education, where she has taught since 2016. Gillien consults to organizations on team development, enhancing collaboration, and improving communication. She has worked with executive teams, corporate pairs, and individual leaders.



MASTERFUL CONVERSATIONS

JOHN ABBRUZZESE, MOBIUS SENIOR CONSULTANT

This seminar introduces the common patterns of ineffective conversations and best practice for managing challenging conversations with greater mastery. Participants will acquire a map for everyday communication challenges in business. Participants will work interactively with a peer coach to examine their own communication habits and patterns. Participants will walk away with new tools for increasing diversity of ideas and perspectives in team dynamics and working more collaboratively with other team members.

JOHN ABBRUZZESE, Mobius Senior Consultant, is a negotiation specialist and group facilitator with specific expertise in change management and front-line capability building. John brings a decade of experience in the field of human behavior change with special expertise in the legal, consulting, tech, and retail industries. John has served as a member of the faculty team for the Negotiation Workshop at Harvard Law School and is an associate professor of moral leadership at Providence College.



THE LEADER AS COACH

BERNARDUS HOLTROP
MOBIUS SENIOR CONSULTANT
MOBIUS CHIEF EXPERIENCE OFFICER

In this session Master Coach Bernardus Holtrop will work with leaders who already have coaching as a main part of their leadership repertoire to significantly advance their skill-set.

Topics that will be addressed include: attuning to your coachee, how to know what to pay attention to, using emotion as the doorway to inner wisdom, and identifying old defense patterns as driver of presented challenges.

BERNARDUS HOLTROP, Mobius Senior Consultant, is an executive team facilitator and executive coach. Formerly a consultant with McKinsey & Company, over the last fifteen years Bernardus has focused exclusively on facilitating leadership development experiences across many business sectors, including professional services, private equity, manufacturing, energy, electronics, banking, insurance, healthcare, pharmaceuticals, education, entertainment, retail and fast-moving consumer goods.



ONE MOMENT MEDITATION

MARTIN BOROSON,
MOBIUS TRANSFORMATIONAL FACULTY

In this seminar, Martin Boroson teaches participants how to meditate quickly and powerfully, enabling them to reduce stress and live more in the moment. The One-Moment® approach takes participants just one minute each day to practice and to realize powerful benefits including: reducing stress and anxiety, increasing focus, heightened emotional self-management, and increasing productivity. This training is playful, practical and profound.

MARTIN BOROSON, Mobius Transformational Faculty Member, is the creator of One Moment Meditation®. Marty has helped hundreds of thousands of people reduce stress and experience the benefits of focused attention.



SOMATIC LEADERSHIP

JENNIFER COHEN,
MOBIUS TRANSFORMATIONAL FACULTY

Certified a Master Coach by the Strozzi Institute, Mobius Transformational Faculty Member Jennifer Cohen's seminar shares the latest research and best practice from the fields of neuroscience and somatics. These embodiment principles and practices help you gain a grounded understanding of what makes working with and through the body so powerful in effecting long-lasting and sustainable shifts in habit, identity, and mindset. This seminar will offer an appreciation of how a heightened sense of leadership presence, embodiment and inspiration can advance your own leadership journey.

JENNIFER COHEN, Mobius Transformational Faculty, is a leadership and organizational coach and consultant with twenty-five years in the field coaching hundreds of individuals and groups, specializing in developing leaders to excel in a context of uncertainty and quick-shifting terrain.



PRESENCE & PRESENTATION

ANNE GOTTLIEB,
DIRECTOR PRESENTATION AND PRESENCE

In this session, Mobius Presence and Presentation Director Anne Gottlieb will introduce best practices and offer coaching for improving presence and presentation skills. Drawing on the fields of theater, somatics, and expressive arts, Anne will lead participants through a series of highly participative, interactive exercises.

Topics to be addressed include: voice and expressivity, working with images, narrative skills, releasing tension, increasing presence in the moment, identifying vocal and physical detractors, enhancing intentionality, centering, and finding spontaneity and humor. Anne's session will also underscore the importance of setting an intention and conveying a clear message.

ANNE GOTTLIEB, the Director of Presence Work for Mobius Executive Leadership, is an actor, collaborative artist, writer and producer and has developed a bold approach translating two decades of work in professional theatre into programs for Fortune 500 companies, global leaders and innovators.



MANAGING STRONG EMOTIONS

NANCY HYATT,
MOBIUS TRANSFORMATIONAL FACULTY

Dealing well with our difficult emotions profoundly impacts our work, relationships and overall well-being. The survival and coping strategies that many of us use to deal with difficult emotions may no longer be serving us, especially in these unprecedented times of stress and uncertainty.

In this seminar, you will gain more awareness into you how you typically deal with difficult emotions and learn new psychophysiological practices to improve your ability to stay centered and grounded when these emotions arise. This awareness and these practices can be used in the moment and integrated into your routine to gain sustained inner coherence and resilience.

NANCY HYATT, Mobius Transformational Faculty Member, brings over twenty years of experience in transformational psychotherapy. She works with individuals, couples, groups and organizations to release old emotional blocks that interfere with achieving personal, professional and relational potential.



The Evolution Series

with Zander Grashow, Mobius Senior Expert



INTRO TO ADAPTIVE LEADERSHIP: BUILDING BETTER TOMORROWS

ZANDER GRASHOW, MOBIUS SENIOR EXPERT

Our collective and personal need to adapt has never been clearer. Luckily the skills, practices and tools to adapt can be learned and internalized. Adaptation demands that we determine what we are bringing forward into the future, what we need to let go of and what we need to grow into. It is an inward and outward journey that requires us to come together. Adaptation is not easy. By its nature, it is new and challenging. And yet we have faced difficulties before. We can take these lessons, and the lessons of the great pioneers, leaders and businesses to build our internal capacity for change. Let's do it together.

ZANDER GRASHOW, Mobius Senior Expert, is a business strategist, thought leader and co-author of *Leadership in a Permanent Crisis* and *The Practice of Adaptive Leadership* (Harvard Business Review). As one of the pioneers of the Adaptive Leadership methodology, he has helped thousands of people adapt and evolve their life's work. Zander has been a confidential advisor to presidents, CEOs, activists and change agents in their most transformative moments.

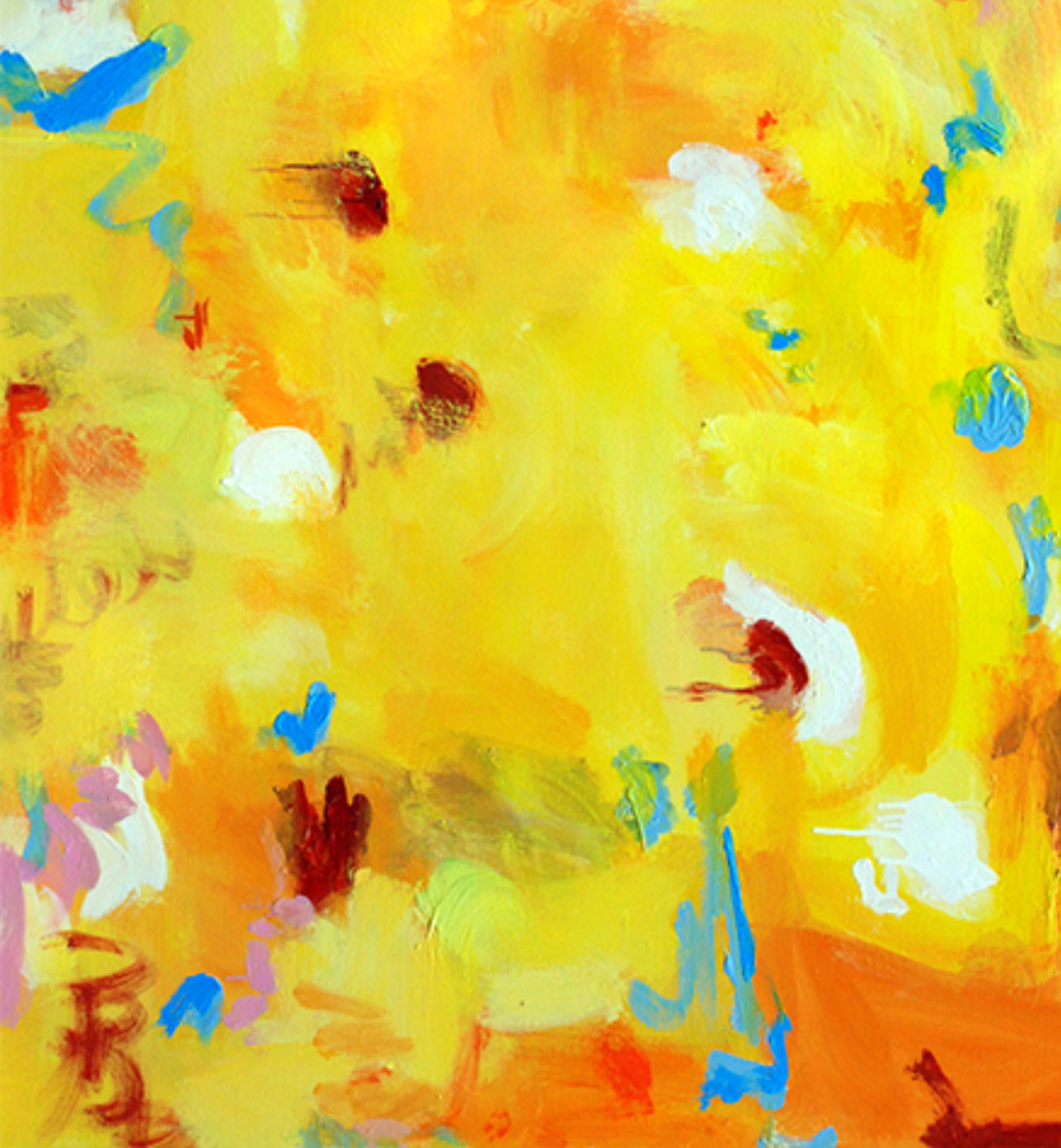


SCENARIO PLANNING: PREPARING FOR AND GETTING “FUTURE READY”

ZANDER GRASHOW, MOBIUS SENIOR EXPERT

Most of us have just learned that we were not prepared for the reality we are facing now. Scenario Planning is a proven methodology in both the business and social sector to help organizations and teams understand and prepare for different futures. In this interactive seminar, participants will learn how to map possibilities of what the future may hold along a spectrum of realistic (sobering) to optimistic (generative). Each of these scenarios can then be evaluated for preparedness, consequence, crossroads and decision making and influence and control. It is an exciting and revealing process that allows teams and organizations to be prepared for what comes rather than reactive.

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LEADERSHIP IN A PERMANENT CRISIS: LEADING IN TIMES OF GREAT CHANGE

ZANDER GRASHOW, MOBIUS SENIOR EXPERT

Delivered by the Co-Author of the HBR article *Leadership in a Permanent Crisis*, this session explores what great leadership looks like in times of uncertainty and change. This interactive sessions will explore the paces of change, the different phases of leadership that are required, how great leaders design the work and engage stakeholders as well as make key distinctions between the use of leadership and authority in mobilizing others. This session will also explore how leadership is a behaviors, beyond a role, and can be practices from anywhere across and organization or team.

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CRITICAL DECISION MAKING: MAKING THE HARD AND CREDIBLE CHOICES FOR A BETTER FUTURE

ZANDER GRASHOW, MOBIUS SENIOR EXPERT

Adaptive Change requires us face crossroads and choices and make needed and difficult decisions. This interactive seminar, will provide a methodology and tool sets for “no look back decisions” (decisions you won’t regret in hindsight). Critical to this outcome is the ability to refine the choices that need to be faced, clarify the unique criteria to make those decisions, engagement strategies for critical stakeholders and execution plans and benchmarks to deliver on the promises made. It is rigorous and exciting and will create the organizations and realities of the future.

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LEADING SYSTEMS



LEADING SYSTEMS CHANGE

DAVID STROH, MOBIUS SENIOR EXPERT

Whether you are an executive responsible for a complex organization, or a change agent working to influence change by partnering with many organizations, you might recognize that social systems often resist your best intentions to improve them. In this webinar you will learn: How systems resist our well-intentioned efforts to improve their performance; Differences between conventional and systems thinking; Basic systems thinking tools; Guidelines for increasing your effectiveness in leading systems change. The webinar will be led by David Peter Stroh, a social systems consultant who is internationally recognized for his work in enabling leaders to apply systems thinking to achieve breakthroughs around chronic, complex problems and to develop strategies that improve system-wide performance over time.

DAVID STROH is the author of the best-selling book *Systems Thinking for Social Change: A Practical Guide for Solving Complex Problems, Avoiding Unintended Consequences, and Achieving Lasting Results* (Chelsea Green, 2015). He is a founding partner of Bridgeway Partners, a consulting firm dedicated to helping people build bridges for social change. He is also on the faculty of the Academy for Systems Change and was a co-founder with Peter Senge et al of Innovation Associates, the consulting firm whose pioneering work in the area of organizational learning.



SYSTEMIC INTELLIGENCE

MIEKE JACOBS and
PAUL ZONNEVELD,
MOBIUS SENIOR CONSULTANTS

This seminar introduces the principles of systemic intelligence as an informed approach to complexity. Mobius Senior Consultants Mieke Jacobs and Paul Zonneveld help participants understand organizations as living systems and unpack the dynamic implications of that framing. Participants will learn four critical systemic principles and develop the capacity to identify the 4 critical systemic principles and will develop the capacity to see beyond the symptoms of ineffective systems to root causes and potent interventions. By the end of the seminar, participants will be able to discern patterns of dysfunction and learn simple yet effective solutions to common challenges in leading organizations through uncertainty.

MIEKE JACOBS, Mobius Senior Consultant, has more than twenty years of industrial experience, including regional and global roles in managing operations, supply chain, human resources and large change management in DuPont. As a Mobius practitioner, she works with top teams and large-scale culture efforts to introduce systemic intelligence.

PAUL ZONNEVELD, Mobius Senior Consultant, is an experienced Mobius executive coach and facilitator of leadership and culture integration with over twenty-five years of international business expertise. In his client work, Paul enhances leaders' system sensibility, system awareness and effectiveness.



BUILDING TEAM RESILIENCE

ALEXANDER CAILLET, MOBIUS SENIOR EXPERT

Building teams in normal times requires intention, discipline and care. Building teams during times of crisis requires all of this plus additional investment in building individual and team resilience. In this two-hour seminar, you will learn how to help client teams work with a suite of tools and practices aimed at helping them understand the power of state of mind and how to manage state of mind at the individual and collective levels to build maximum resilience.

ALEXANDER CAILLET, Mobius Senior Expert, is an organizational psychologist, consultant, and coach internationally known for his pioneering approach to team coaching and his state-of-mind research with organizational leaders. Alexander's work has spanned more than 30 countries across five continents.



THE FUTURE OF WORK NEEDS INNER WORK

BETTINA ROLLOW, MOBIUS SENIOR CONSULTANT

In recent years, many organizations are experimenting with new organizational design principles for greater self-governance, less hierarchy, and wider employee empowerment. But how do you successfully develop such New Work models for your company? In this seminar, Bettina Rollow, a leading theorist on the Future of Work, describes this transition as a development process in which self-motivation, self-responsibility, and the communication and decision-making skills of the employees are the main focus. In short, Inner Work comes before any organizational change in process or roles. In this seminar, Bettina will introduce you to the methodology for New Work and the critical components of Inner Work for leaders. The webinar consists of the New Work framework, myriad interactive exercises, and time for mutual exchange.

BETTINA ROLLOW, Mobius Transformational Faculty Member, Bettina is co-author of *New Work needs Inner Work – A Handbook for Organisations on Their Way to Self-Organisation*. Bettina is co-founder of the Sense-and-Do Tank Das Dach. She lives in Berlin, Germany.



EXCEPTIONAL TEAM MEETINGS

JENNY SAUER KLEIN, MOBIUS CONSULTANT

Prioritizing connection creates a stronger sense of openness, collective intelligence, and creativity for high performing teams. In this session, Jenny will share five facilitation principles that create psychological safety for online meetings. She will also guide a series of interactive activities that you can use right away in meetings, workshops, or summits to create trust, rapport and belonging with your group.

JENNY SAUER KLEIN, Mobius Consultant, is an experience designer and masterful facilitator who specializes in designing dynamic learning experiences. In her consultancy, Jenny helps companies engage their employees and bring their culture to life. She is also the founder and executive director of The Culture Conference, a new paradigm of conference that combines personal growth and professional development for inspiring business leaders.

We are excited to bring you these focused virtual offerings.

The impact of these seminars can be amplified with facilitated peer learning circles or discussion guides for peer led reflection sessions. The sessions can be arranged on short notice as needed and be integrated into off site meetings or other group gatherings.

We hope Mobius seminars will lend themselves well to the pressurized fast paced world we are currently living in.

To explore hosting Mobius Touch virtual seminars with us please write to Sales@Mobiusleadership.com.



MOBIUS TOUCH

A Digital Expression of High Touch Learning Programs

Paintings by Mobius Featured Artist, Jim McManus

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